

Alice Ingham RC School Menu

A Selection of fresh vegetables, fruit and yoghurts will be available daily with all main meals.

Week 1

Monday

Main meal: Beef Chilli served with Rice
Veggie meal: Margarita Pizza served with chips
Dessert: Shortbread biscuits or Fruit Jelly

Tuesday

Main meal: Pork meatballs served with pasta
Veggie meal: Vegan sausage roll with potato wedges
Dessert: Jam sponge & custard or Cheesecake

Wednesday

Main meal: Roast Chicken dinner served with mash potato
Veggie meal: Macaroni cheese
Dessert: Lemon drizzle cake

Thursday

Main meal: Mince beef & potato pie
Veggie meal: Butternut squash curry served with rice and naan
Dessert: Apple sponge and custard

Friday

Main meal: Fish fingers served with new potatoes
Veggie meal: Tomato and mascarpone pasta
Dessert: Gingerbread men or Ice-cream

Week 2

Monday

Main meal: Shepherd's pie
Veggie meal: Margarita Pizza served with mini hash browns
Dessert: Flapjack or Shortbread biscuits

Tuesday

Main meal: Chicken pie served with mash
Veggie meal: Veggie meatballs in tomato sauce served with pasta
Dessert: Syrup sponge & custard or Eton mess

Wednesday

Main meal: Roast Beef dinner served with roast potato
Veggie meal: Vegetable lasagne & garlic bread
Dessert: Jelly or Choc chip cookies

Thursday

Main meal: Chicken curry served with rice & naan
Veggie meal: Cheese & potato pie served with Herb diced
Dessert: Carrot cake or oaty fruit crunch & custard

Friday

Main meal: Battered fish served with chips
Veggie meal: Veggie hotdog served with chips
Dessert: Trifle or Ice-cream

Week 3

Monday

Main meal: Pasta Bolognese
Veggie meal: Margarita Pizza served with Wedges
Dessert: Thumbprint cookies or Jelly

Tuesday

Main meal: Chicken korma served with rice and naan
Veggie meal: Veggie sausage in onion gravy served with mash
Dessert: Chocolate sponge with chocolate sauce or Yoghurt fruit crunch

Wednesday

Main meal: Roast Turkey dinner served with roast potato
Veggie meal: Pasta bake
Dessert: iced fingers or chewy oat cookies

Thursday

Main meal: Chicken goujons served with mini waffles
Veggie meal: Cheese quiche served with mini waffles
Dessert: Banana muffins or golden crunch biscuits

Friday

Main meal: Fish fingers served with chips
Veggie meal: Veggie Burger served with chips
Dessert: Ginger sponge & custard or Ice-cream

Ask the catering staff regarding Allergens