

ALICE INGHAM ROMAN CATHOLIC PRIMARY SCHOOL A VOLUNTARY ACADEMY

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal option 1	Cottage Pie served with peas and gravy	Chicken burger served with sweetcorn and salad	Roast chicken dinner served with roast potatoes, vegetables & gravy	Pasta Bolognese & garlic bread	Fish fingers served with chips & peas
Halal Meal option	Quorn cottage pie with peas and gravy	Halal chicken burger served with sweetcorn and salad (H)	Halal roast dinner served with roast potatoes, vegetables & gravy	Vegan Bolognese with garlic bread	Fish fingers served with chips & peas
Vegetarian	Veggie sausage roll	Macaroni cheese	Vegan hot dog served with sweetcorn and salad	Vegetable Biryani	Cheese & tomato pizza
Jackets and Paninis	Jacket potato served with cheese, beans or tuna & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad
Dessert	Homemade biscuit, fruit or yogurt	Jelly, Fruit or sponge cake	Apple Flapjack, fruit or yogurt	Jam sponge & custard, fruit or yogurt	lce cream, fruit or yogurt



Available daily – Fresh fruit, salad and vegetables





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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal option 1	Beef burger served with wedges and sweetcorn	Chicken curry served with rice and garlic bread	Roast beef served with roast potatoes, vegetables & gravy	Chicken enchilada with wedges and salad	Battered fish served with chips & peas
Halal Meal option	Quorn burger served with wedges and sweetcorn	Halal chicken curry served with rice and garlic bread	Halal chicken served with roast potatoes, vegetables & gravy	Halal chicken enchilada with wedges and salad	Battered fish served with chips & peas
Vegetarian	Veggie nuggets served with wedges and nuggets	Cheese & onion pie	Vegetable Curry	Tomato & Basil pasta bake	Cheese & tomato pizza
Jackets and Paninis	Jacket potato served with cheese, beans or tuna & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad
Dessert	Homemade biscuit, fruit or yogurt	Flapjack, fruit or yogurt	Jelly, fruit or yogurt	Jam sponge & custard, fruit or yogurt	lce cream, fruit or yogurt



Available daily – Fresh fruit, salad and vegetables





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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal option 1	Meatballs in tomato sauce	Chicken goujons served with wedges and salad	Roast turkey served with roast potatoes, vegetables & gravy	Sausage, mash and gravy	Fish fingers served with chips & peas
Halal Meal option	Quorn meatballs in tomato sauce	Halal goujons served with wedges and salad	Halal chicken served with roast potatoes, vegetables & gravy	Quorn sausage and mash served with gravy	Fish fingers served with chips & peas
Vegetarian	Veggie nuggets served with wedges and nuggets	Quorn burger served with rice and salad	Tomato & Vegetable Pasta Bake	Macaroni cheese	Cheese & tomato pizza
Jackets and Paninis	Jacket potato served with cheese, beans or tuna & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad	Tuna melt or cheese panini	Jacket potato served with cheese, tuna or beans & salad
Dessert	Homemade biscuit, fruit or yogurt	Jelly, fruit or yogurt	Flapjack, fruit or yogurt	Sponge cake & custard, fruit or yogurt	lce cream, fruit or yogurt

Available daily – Fresh fruit, salad and vegetables









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